FAMILY SERVICE CENTRE

67TH

ANNUAL

REPORT

2021-2022





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Family Service Centre



Managing Committee

- 1 His Eminence Cardinal Oswald Gracias President
- 2 **Ms. Philomena Sequeira** Vice President
- 3 **Dr. Lidwin Dias** Chairperson
- 4 **Ms. Anisha Johri** Hon. Secretary
- 5 **Dr. Frederick de Souza** Hon. Treasurer
- 6 **Dr. Geeta Balakrishnan** Member
- 7 **Fr. Anthony Charanghat** Member
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- 9 Ms. Greta Lopes Member
- 10 **Dr. Nilima Mehta** Member
- 11 **Dr. Harry Mascarenhas** Member
- 12 **Ms. Jennifer Talwalkar** Member
- 13 **Dr. Kalyani Talvelkar** Member
- 14 **Dr. Rahul Verma** Member
- 15 **Ms. Nirmala Fernandes** Director

THE FAMILY SERVICE CENTRE TEAM

Director

Ms. Nirmala Fernandes

Program Officers

Ms. Sheetal Rebello Ms. Anupriya Shah Ms. Minal Rodrigues Ms. Indira Ullas Ms. Avanti More Ms. Sanober Shaikh Ms. Vanita Salunke Ms. Hema Garea

Administrative Staff

Accounts Assistants

<u>Office Assistant</u> Mr. Ravishankar Varne

Ms. Sujata Manerkar Mr. Vitu Thakur

Community Health Workers

Para Professionals

Ms. Triza Fernandes

Ms. Pradnya Chawle

Ms. Prema Gabru

Balwadi/Study Class/ Tailoring:Ms. Meera JadhavMs. Vandana BhosaleMs. Ahmadi ShaikhMs. Flevina GonsalvesMs. Pramila DarjaMs.Kausar ShaikhMs. Shakuntala MouryaMs. Shraddha KasarMs. Padma GaikwadMs. Sureka Varekar

VISION — Empowering the family, the core unit of society, by creating an enabling and supportive environment, providing counselling and developing positive human values.

MISSION — To be leaders in sustainable and replicable best practice model of alternate care in India, with interface between various stake holders.

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Chairpersons Message.....

Family Service Centre was started in 1955 with small initiatives of non-institutional services to assist women and children in difficult situations. This small beginnings has now grown and blossomed in nurturing to commit and provide individual, family and community empowerment through numerous programs in four large areas such as, Sponsorship, Adoption, Foster Care and Community Development.

It gives me immense joy to place on record the hard work and commitment of our very efficient staff who under the leadership of Ms. Nirmala Fernandes, Director has been able to accomplish all that was planned and also address to the newer issues that emerged. They as a team have been able to achieve and reach out to so many beneficiaries and



kept alive the vision and mission of Family Service Centre by withstanding all the challenges.

This year with less covid restrictions our staff have been able to come up with innovative ideas in having various activities on online, offline hybrid mode for women, children, youth and others by including all so that no one is left out. This is reflected in this Annual Report.

The issues of health, malnutrition which has increased due to pandemic was addressed with collaboration of our well-wishers and donors. We are grateful to Ms. Surya Balakrishnan and her team of volunteers, MESH Foundation and Chance of Life who helped us to address the malnutrition of our children and boost their immunity to fight against Covid. This was highly appreciated by the families who benefited with this program. We are also very grateful to Wide Horizons for Children and Iris and Max Roemer for their continued support with FSC's various programs.

Case studies presented in this Annual Report are a few examples of our interventions and its impact on individual persons. As an organization we strive to achieve more and move ahead to make a difference in the lives of others and the society.

Dr. Lidwin Dias Chairperson

Through the Directors lens.....



This year, once more, the coronavirus continued to have an impact. Family Service Centre thus focused on 'living and coping' with the situation while observing COVID-19 protocol, thereby ensuring all programs continued so beneficiaries could avail of the various services. Gradually, with a reduction in the number and severity of COVID-19 infections and consequently an easing of government restrictions, most programs were carried out much as prior to the pandemic lockdown.

Students assisted through the sponsorship program visited the agency regularly for meeting and interacting with their Program Officers.

Many families were pleased to share that parents who lost their jobs at the onset of the pandemic, secured employment once more, thus easing some of their financial difficulties. The students, many of whom struggled coping with online classes were pleased to attend their schools and colleges once more. They gladly participated in the various activities held at the agency.

In the Adoption program, several prospective adoptive parents registered on the Cara portal, though disappointed at the very lengthy waiting period. FSC children awaiting adoption were lovingly cared for in foster homes; FSC is very appreciative and grateful to all foster families for the excellent care provided to our infants.

FSC's Community Intervention both at Colaba and Uttan; programs of Balwdi, Balmandal and Study class for children and Ante Natal and Post Natal Care - ANC/PNC, Self Help Groups - SHG and Skills Training – Udaan Project for women were held regularly and well availed of by all beneficiaries. Our thanks to Smilz Organisation for their dedication and continued efforts in making the Udaan Project a success by enabling women to earn an income through stitching of cloth bags, caps, preparing decorative envelopes and other items.

Family Service Centre in collaboration with Child Fund India partnering with HSBC Bank and Surana Hospital, organized a COVID-19 vaccination drive in the Colaba community wherein over 2000 persons were vaccinated, free of cost. Residents in the community were keen to get vaccinated this being essential for travel and at their workplace.

Homeopathic Health Camps was organised at Family Service Centre in collaboration with 'Health Concept, Dr. Vedati Pekiam and her team of doctors attended both online and offline to over 700 patients on a monthly basis. Clients from the community were glad to benefit from the camp where varied medical issues were attended to.

We express our deep gratitude to all our Donors and Sponsors for their very valuable and continued support and with whose assistance we are encouraged to take our various programs forward.

Nirmala Fernandes Director

Introduction

Family service centre is a voluntary organization that strives to reach out to families in difficult circumstances through its various non-institutional and community based initiatives. FSC was initiated in1955 and presently in its 67th year of existence. The agency has been a pioneering organization in promoting the "Non-Institutional" approach in the area of Child Rights and Child Protection. The organization aims to do this through its myriad developmental activities, which are all focused towards consolidating the community as a whole. Over the years, the organization has made considerable positive impact on the community through its various initiatives.

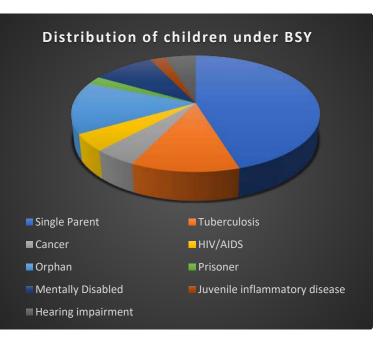
FSC WORK AREAS:

Bal Sangopan Yojana

Bal Sangopan Yojana, a Maharashtra state government foster care scheme is being implemented in Family Service Centre since 1994. The main objective is to provide counselling and financial assistance to the families in crises for their holistic development.

A child is preferably placed with his or her extended family or with a close relative that the child is familiar with following thorough assessment by the social worker. Reaching out to the needs of the family during difficult circumstances, especially the ones faced during the COVID-19, FSC has continued to support 40 children under this scheme in coordination with the Department of Women and Child Development, Mumbai and Child Welfare Committee, Mumbai.

Post Covid-19 and the large number of fatalities especially during the 2nd wave of the pandemic, the government introduced a scheme providing for monetary benefits to children orphaned due to COVID-19. Several applications were received and Family Service Centre along with 4 other organizations implementing the BSY program, were selected for scrutinizing and providing a detailed report on the families to the concerned authorities.





BSY Case study:

My name is Chhaya, and I am the aunt of Sidharth and Aniket, who are 18 and 16 years old and are part of the BSY program of Family Service Centre. Both lost their parents at an early age, their mother was diagnosed with HIV/AIDS, and their father recently succumbed to multiple health problems, including HIV/AIDS. Siddharth is also HIV positive, his medicines are regularly monitored. Because of his health, he has limited himself in making friends and even talking to us. In contrast, Aniket is active with no health issues, interested in football activities and mingles with others as well. We had no knowledge of this government scheme, we were referred here by a school I worked for. Since then, the social worker has guided both our children and the grants received have been used to cover medical expenses as well as educational needs. My mother and I were also concerned about who would take care of Sidharth, as he has a low IQ and is forgetful, even when purchasing groceries in the store. With the appropriate assistance of the social worker, we also resolved the legal issues in their names equally. He is 18 now and help for Siddharth is no longer continued and we are grateful for all the advice we have received, the social worker mentioned that she was willing to admit Siddharth to an organization that works with HIV patients to build his confidence and we are looking forward to it.

Aniket will continue in the program until he is 18 years old and we hope to see similar progress with him under FSC's guidance. I would also like to thank FSC for providing us with rations, blankets, books, etc., which helped us manage our expenditures during covid."



Govt. covid relief intervention case study:

Neil and Ariyan lost their father to COVID-19. Their father worked for a private company. The family comprised 10 members living together in a small spaced house. However after the death of their father, his wife moved out of the family home along with her two children and started living with her mother. Having completed her graduation, she received a job offer of replacement following the death of her husband. On investigation and post home visits the social worker learned that the shift in residence was as the sister in law found it difficult to manage her kids along with Neil and Ariyan when their mother was away at work and this caused arguments in the family. Their new residence however fell in a different jurisdiction from their original application. The social worker strongly presented the case to the CWC for shifting it to the new district so they can receive the assistance as the family needed the support. With the continued follow up by the social worker of the case, it was finally transferred and help under the government COVID-19 relief scheme was rendered to the family. The mother expressed her thankfulness and the genuine support that FSC offered in their time of need.

Adoption

As the saying goes, 'it is in the love not the blood'. Adoption is a connection of building a family through nurture in its pure simplicity. FSC since 1962 has pioneered in the area of adoption. Since 2015, the process of adoption is being routed through CARA, a government statutory body that forms an integral part and works in the best interest of children. FSC's concerned efforts are to ensure a suitable family for the child and simultaneously assist in counselling and rehabilitation of the birth mother.

This year with the ease in COVID-19 restrictions, 10 children found their forever homes. The waiting period of parents has continued to remain the same. A meeting was conducted for PAPs nearing a referral and a detailed presentation was done by the program officers at FSC. A series of awareness programs were also conducted during the Adoption promotion week at Malhar Nursing Home, Santacruz, Stella Maris Hospital, Uttan PHC, Uttan and Colaba Police station.



The Best Decision of Our Lives

It was a long wait.. Ours was an early marriage -I was 24 and husband was 26. We thought we had all the time in the world to just be with each other before we decided to have a baby. Once I touched 30, we thought it was a good time to begin. Things obviously didn't go our way!!!We tried to conceive and very soon realized that things weren't right. After consulting the Gynaecologist and getting various tests and

examinations done, what was heart breaking was that there wasn't a clear answer as to why we were facing challenges in conceiving. Then started the vicious cycles of fertility treatments, giving us lots of hope every time, and then getting shattered after a few days.

After a year of this turmoil, we took a decision to adopt. We spoke to parents on both sides of the family and were so happy to get their instant support and encouragement.

We spoke to a few people who had adopted, understood their experience and then finally chose the agency. The whole process was so seamless for us - we



went for the counselling session (which was brilliant), had our home visit, got our reference letters, put all our documents in place and it was done. Then was the waiting game... we started off with the expectation of getting our baby in 18 months....But the world had different plans. COVID-19 hit and everything stopped. We were gutted. We didn't know what this meant for us. The 18 months wait became 33 months.... But finally, it was time... Still remember the morning we got the reference. We were working from home, expecting the sms anytime now, at 11.02am, my husband's phone rang and there it was... We were matched to a lovely baby girl. Without any delay, we went to the paediatrician, showed the reports, and accepted the reference all in a few hours. Given that wave 2 of Covid-19was on, I was praying that I can travel by car to wherever we get the reference from. It would not have possible if it came from Gujrat / Delhi, given that we stay in Mumbai. Luckily for us, it was from Thane... things just fell in place. Within 2 weeks of accepting the reference, we brought our angel home. Next day, we went into lock down... it was a blessing in disguise. **2 weeks, uninterrupted time with my baby**.

She was 5 months old when we got her home. She will turn 2 in October. The last 1.5 years with her have been blissful and without doubt the best decision of our lives. She has integrated into our family so much and so well. She has our mannerisms, she eats like us, behaves like us. She is a part of us.



This year adhering to COVID-19 protocol and a need to avoid large gatherings such as the annual Adoptive families meet, we organised an online meeting specifically with families who have adopted FSC's children, most of whom reside in different parts of the country. It was a beautiful exchange, meeting and interacting with the children and families.



Foster family parenting

FSC continues to receive the support of our foster families who provide our children with a loving environment before the child meets their parents. The families open their arms to welcome a new baby at any point of time and ensure to take care of the child assigned with respect to care, health and provide regular updates of the child's status to FSC. Several enquiries have been received from families who want to register themselves as foster parents. It is the dedication of our foster families and their constant interventions to let foster care become more and more available and set a new trend in the field of adoptions.

This year the Maharashtra government introduced the Government Foster Care Scheme with a view to promote fostering of children, especially those older, in institutional care till the age of 18 years. It is indeed a very encouraging and positive step in providing a family environment to the children, a place where they can grow.



We would like to express our deep gratitude to our foster mother, Ms. Marianne Patel who passed away this year. She had lovingly fostered 17 babies in a span of about 10 years starting in the early 80's.

Educational Sponsorship

During this year, 437 students were assisted by FSC through the sponsorship program, thus encouraging them to complete their graduation or vocational courses to seek employment opportunities and contribute in enhancing their family circumstances. They are encouraged to be a part of various other programs for children and women, including Balmandal, Balwadi, Study Class and Self Help Groups. The allotted program officer checks the progress in terms of academics, extra-curricular and their social behavior in natural settings of the child by visiting their home and school.

A series of session were conducted online for our sponsorship students based on the following topics:

- Ms. Poonam Upadhyay, a Holistic Dietician, naturopath and Certified Diabetic Educator; Founder of Tathastu Holistic Health, conducted an engaging webinar covering topics on "Diet & Nutrition and Menstrual Education & Myths"
- Ms. Pankti Vora held an engaging webinar covering topics on "Resume Making and Interview Skills".
- Ms. Chandrika Chheda, Career Coach, conducted sessions on "Career Choices"



- Prof. Asha Gala covered 3 topics: "Effective Communication Skills", "Art of Group Discussion", and "Preparing for an Interview". The webinars were held over 3 days; each for 2 hours duration.
- Dr. Mihir Rambhia held an engaging webinars covering topics on "21st Century Entrepreneur"
- Ms. Mitul Bagchi conducted "Spoken English" batch for one month.

Student Achiever's Award:

Family Service Centre was pleased to facilitate 149 students who cleared their Std. X and XII board exams as well as those who successfully completed their graduation. Our chief guest at the program, Senior Inspector of Colaba Pol Ms. Kusum Wagmare was very appreciative of the achievements of the children and encouraged them to pursue their careers and build a strong future. Dr. Lidwin Dias, Chairperson of FSC also spoke words of appreciation and encouragement to the students.





Success story:

Sneha joined our sponsorship program in 2013. Initially, her parents had unstable jobs and were unable to support themselves. Through regular guidance from FSC, they secured more stable jobs, the mother, a domestic worker, and the father, in a courier company. Sneha was always a shy child and didn't have confidence to talk or make friends and avoided going to college. She became familiar with the social worker and was advised to start putting a greater emphasis on education to support her family in the future during her last two years of study, she took a beautician course, and sought a full-time job in accounting.

It's been a year now, since completing her graduation. Sneha



works as an accountant in a private firm and takes freelance makeup, hairdressing and mehendi application orders. She gained a great deal of confidence, leadership and the ability to communicate in English and to express herself well. She has been able to contribute to the family and extremely proud of the career she pursues, she is grateful to FSC for bringing such a transformation in her.

Higher Education:

Over the years, an increasing number of sponsored students at FSC have shown interest and potential for pursuing higher studies in various fields such as Engineering, Medicine, Nursing, IT and others. As the costs involved are very high, FSC through appeals made to sponsors has been able to assist several deserving students.





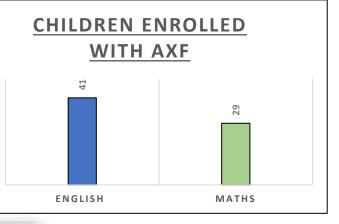
Omkar has been part of the sponsorship program since 2013 and is now pursuing his B.Pharmacy. His parents work as day labourers and his mother takes additional part-time work to help make ends meet. I met the parents at monthly meetings and they mentioned that the primary reason they migrated to Mumbai was to provide the children with a better education. Omkar is brilliant and excelled in his school and college with percentages of distinction. Since he expressed his interest in B.Pharmacy and looking at his overall behavior and dedication to his studies, we appealed to donors for assistance with his higher education. He was interviewed by a Donor and granted financial help looking at his commitment. Omkar feels that the healthcare system got highlighted during the COVID-19 times although without pharmacists they are unable to cope effectively and

wants to be a part of this broad spectrum in order to have authentic knowledge about medicine and deliver it to the society. His plans to study further in the same field and get a master's degree in Pharmacy. It is such dedicated students that create a benchmark and be a source of inspiration to the other students.

Angel Express Foundation

FSC collaborated with Angel Express Foundation for children studying from Stds. VI to IX to provide them an opportunity to improving their Math and English language skills. Children under the sponsorship program were found facing difficulties in speaking English, grammatical errors and difficulty in solving mathematical problems. With the help of AXF, a series of baseline tests were

conducted, grouping the children on their level of solving papers a volunteer was then assigned to each student and classes were conducted for the individual child. Regular follow- ups were taken in case of absentees and irregular work allotted by the social worker. Many children took advantage of this facility and attended the class regularly and have benefitted from the same.





An event, 'Festival of Hope' was organized by IndusInd Bank wherein they donated school stationary and clothes to FSC's sponsored children. The children were very pleased to receive the gifts as well as have the opportunity to meet with the chief guest, actor Mr. Gulshan Grover and senior officials of IndusInd Bank.

Community Intervention at Colaba and Uttan

Programs for children: Balwadi

This year the Balwadi class was conducted in a hybrid manner - a combination of the online and offline format. Initially during the 3 months of the online format, the class was conducted along the lines of the previous year. Thus the week wise syllabus (alphabets, numbers, poems, craft and drawing activities) were prepared and once a week, the parents would visit the Teacher's house in the community to collect and submit the previous week's worksheets. Post relaxation of COVID-19 restrictions, the Balwadi class began in an offline



mode, in a planned and cautious manner. Initially children attended the Balwadi daily for an hour. All the activities carried out were in concurrence with the government rules and regulation with respect to maintaining social distance, wearing masks and hand hygiene. Gradually and eventually, the running of Balwadi was normalized and brought back to pre-pandemic times. Celebration of festivals and activities were conducted, so also, exposure visits to the garden and vegetable market.

Success Story:

Smith is a 5 year old playful boy, with a slight speech impairment and he often wandered in the community. His parents enrolled him in the Balwadi program of FSC. He did not get along with other children as he could not speak the dialect. Children would keep him aloof and tease him. Teachers at the Balwadi wanted to know the root cause and learnt that he was obsessed with watching YouTube videos and television. His parents were concerned because they could not understand English and could not have regular parent-child conversations. Teachers at the Balwadi instructed them to reduce his onscreen time and since then he has ample time to devote to study and get along with children who stay nearby. Para-professionals have also referred him to a speech therapist and with continued session he is doing better, teachers speak to him in English during class and engage in their own dialect for other



times. He has made remarkable progress in his studies and excels in orals and recitation, knows tables' up to 10 and reads small sentences. His parents are beyond happy as they are in a position to better communicate and take care of him throughout.

Balmandal:

Community Children in the age group 5 years to 17 years comprise the Balmandal group. The weekly meetings provide children an opportunity to interact with each other, gain inputs on value education, participate in games and fun activities and use their creative talents in the various sessions held.





This year owing

to government regulations that did not permit gatherings of over 20 people, activities had to be curtailed. However, the Diwali Dhamaka Camp was successfully conducted both in Colaba and Uttan once COVID-19 restrictions were relaxed. Keeping in view the success of this program, plans to resume similar activities were in place, but following a spike in the covid-19 cases, governmental restrictions were imposed once more and plans had to be stalled







Activities held for Balmandal children at the Diwali Dhamaka camps in Colaba &Uttan



Study Class:

The study class provides a space for children in the community to study and receive guidance from the teacher, with any difficulties faced with their studies. It began in July 2021 and has had a robust enrolment. As the education of children had suffered due to the second wave of the coronavirus pandemic and the consequent lockdown, the focus of the study classes was laid on the mathematical skills of children and fluency of language. Festival celebrations and English speaking classes are also included based on the syllabus prepared at FSC with regular assessment carried out.



Nutrition supplements:

With the fear of contracting COVID-19 looming large, FSC was pleased to collaborate with Ms. Surya Balakrishnan and her team of volunteers for providing nutritious breakfast sponsored by MESH Foundation to 200 children, daily for a month, with a view to boost their immunity against COVID-19 Similar assistance was provided by FSC to children residing in the communities at Cuffe Parade, sponsored by Chance of Life. These efforts was much appreciated by the families in the community.





Food packages were also provided by FSC to very needy families both in Colaba and Uttan, especially those badly affected by COVID-19



Programs for women:

Ante Natal and Post Natal Care, ANC-PNC:

This year in Colaba 80 women and in Uttan, 79 women benefitted from the ANC/PNC program. In Uttan, in addition to the fisher folk communities of Navi Khadi, and Bhotodi Bundar, the project was extended to include one more community of Bhatebundar.

As part of the ANC-PNC program, the Program Officer and para professional Social Worker regularly visited the women's homes. Along with providing nutrition supplements, knowledge inputs were shared with them and their families. Further, through whatsapp, twice a week videos were shared with the group on care during and after pregnancy. Monthly offline group-meetings with women were held wherein they were encouraged to share their concerns and experiences, which proves very beneficial to all as each has a different experience.

During the year, women were given guidance on various topics through personal meetings, telephonically and through whats app group. The women were guided on various topics i.e. post-delivery instruction, complication during pregnancy, effective way of ensuring a healthy family, healthy food for women and baby, immunization, preparation for delivery, child development in womb, stress in pregnancy, symptoms of labor pain, ANC profile test, how to boost immune system, how to safeguard against COVID-19, nausea and vomiting during pregnancy, postpartum depression, how to improve hemoglobin



count, how to protect from miscarriage, importance of breast feeding and so on.

Case study:

This is Sandra, part of the ANC-PNC project. She is 35 years old and suffers from epilepsy, a neurological disorder that affects cerebral activities. Sandra got pregnant after 6 years of marriage. She was always concerned that her child may inherit the same medical conditions. FSC para-professionals were in contact with her all along, advising her and with regular updates on her dietary intake. During her 6th month her cervical opening occurred and she needed immediate medical attention. She was worried and hesitated to take any step; the para professionals connected her with a lady who has been through a similar situation. This proved encouraging and she immediately got the cervix stitched as per doctor's advice.

Sandra delivered a baby girl with a low birth weight and initially requiring NICU care. When back home, she found it difficult to nurse the baby. Para-professionals constantly guided and assisted her in every way possible. Sandra's baby is now 8 months old and has shown a significant improvement. Sandra is happy and extremely thankful for all that FSC has done for her!



A picture of Sandra and her baby girl on a festive occasion

Self Help Group:

Self Help Groups, SHGs started with the base of instilling saving habits among members of the

community. FSC has created a safe space for women who come up and share their problems. At present there are 7 groups and each group has about 11-12 members. Weekly meeting are conducted by the Program officer and para professional Social Worker. They are also informed about indebtness, investing money on a small scale and so on.

The SHGs benefitted immensely during the pandemic, because the financial savings they had accumulated came in very handy as there was a dearth of regular paid work. Two new SGHs were formed last year and after the initial formation process, they have stabilized and the women have displayed camaraderie.

A small celebration on Women's day



Women's Day:

On the occasion of Women's Day this year, FSC planned a series of events over a week which included sessions for women, children as well as male members in the community, to share the importance of recognising and appreciating the role of women in their homes. Women were asked to rate on a chart, their understanding of women's role in society and their individual perception of themselves as women. (I believe in myself, I will spend sometime on myself,etc)









In Uttan, the women were keen to celebrate "Women's Day' with a '**Day out**', a change from their daily routine. Hence a picnic was organised which was well attended and the women enjoyed themselves.

Cervical Cancer awareness:

Awareness sessions on cervical cancer were conducted by D.S. Research Centre with women in Colaba and Uttan. The women found this very informative and several shared and interacted with the doctors to clear their doubts.





Session on Cervical Cancer

Program for Newly Married couples:

In Uttan, 22 couples participated in the program. The session included varied topics such as the importance of sharing and communication in a relationship, decision making, trust, children and finance, all through different activities

and games.



Family Health:

The Program Officer and para professional Social Workers conducted lane meetings with small groups of women in the community. During COVID-19 restrictions, residents in the community were encouraged by the para professionals to visit the hospital for treatment. Inputs were also given on care to be taken during COVID-19 information on PPF schemes, maintaining a positive attitude and so on.

Family Day:

At the Family Day program held at Uttan, students who cleared their Std. 10th & 12th board exams were felicitated. This was as especially challenging year for them owing to the pandemic and online class. FSC also felicitated Balmandal children and ANC/PNC women. Our chief guest on the occasion was Fr. Peter D'Cunha, Parish Priest, Our Lady of the Sea Church, Uttan, who has been very supportive in the activities at the Centre.

Child Safety Week:

During Child Safety Week, FSC collaborated with 'Arpan' organization to pledge allegiance towards protecting children and keeping them safe. The pledge was taken by our Uttan community children seeking the helping hands of adults to protect them.



T.B. Project:

This year the T.B project resumed, following a break due to the lockdown brought about by the COVID-19 pandemic. Through the support of the Taj Group of Hotels in providing the nutrition supplement much needed for the patients and the assistance of Wide Horizons in enabling us to implement the program, FSC is able to once more reach out to the TB patients at the Colaba Public Health Centre (PHC). Patients are provided with information on the illness, how to prevent it from further spreading especially among family members, which is a common problem, completing the entire course of their treatment, the importance of adequate nutrition, maintaining hygiene and the like.



COVID-19 Vaccination Drive:

With a gradual ease in lockdown restriction, approval of the COVID-19 vaccine and it being made mandatory for all, for public travel and work, many in the community being daily wage workers were in need of getting easy access of vaccinations. FSC collaborated with Child Fund India in organizing a COVID-19 vaccination camp in October in the slum communities of Colaba and Cuffe Parade. With the support of HSBC Bank and Surana Hospital, over 2000 persons were vaccinated.



Homeopathic Camp:

FSC in collaboration with Dr. Vedati Packiam and her team from 'Health Concept' conducted several homeopathy camps, free of charge, for our community members. Monthly members from the community would come to diagnose their problems and over 600 patients benefitted through the same. FSC continues to conduct follow up camps on a monthly basis.







Vocational and Skills Training Program

'Udaan' Project:

The skill training project, 'Udaan' has progressed very well. The ladies have made 30 percent more bags and other items for sale. The bulk order had increased this year and the women were able to meet the requirements in time. There were 40 women/girls that benefitted from this project.

Tailoring:

With an easing in the COVID-19 restrictions, the tailoring class in Colaba resumed as several more women were keen to learn. This was made possible by the addition of 2 more sewing machines sponsored by WHFC. The women were keen to be part of the FSC Udaan Project which enabled them to earn an income. Following the lockdown and consequent loss of income resulted in financial difficulties for most families in the community.

In Uttan too the tailoring batch started following COVID-19 protocol. The beneficiaries followed the precautionary guidelines. They attended the class thrice in a week in the afternoon for 2 hours. Some girls/women did not have a sewing machine at home; they thus spent more time at FSC's Uttan Centre and practiced what they have been taught during the class. The Para Professional and the Program Officer interacted with them individually as well as in a group. The Para worker and Student Social Worker had conducted session with them on importance of Savings and family relationship. Most of the girls are using their tailoring skills and started to earn by stitching clothes at their home.



Duster making:

The duster-making project of providing 6000 to 7000 dusters to Taj Wellington Mews continued in an easy and smooth manner. This project was unaffected by pandemic restrictions as the ladies prepared the dusters within the premises of their homes. Procurement of the raw material from Taj was done directly and delivery of the finished product was also completed in a direct way.

Livelihood sustenance during covid:

With the onset of COVID-19, several families in the community lost their jobs and only source of livelihood. With the gradual easing of the pandemic and the overall situation improving, earning members in the community have largely resumed work. A few families who ran small businesses of selling vegetables, shoes and the like approached FSC for assistance to get their business moving once more. With the assistance of WHFC, we were able to assist 4 such families who availed of the same. They have been able to resume their work that came to a halt after the COVID-19.Has been repaying in small instalments so this can eventually be reused as a revolving fund for families in need.

Success story:



Akbar has the responsibility of 8 members on his shoulders inclusive of school going children and parents in their old age with medical conditions. They reside in a small house in the Colaba slum community. He sold toys and was capable of supporting his family. However, the lockdown encircled like black clouds above him and he was unable to make it all the way. He decided to run a greengrocer's business with toys, but did not have the finances for the same. Hence, with the support of FSC community volunteer, he approached the agency for assistance. After looking into the condition

and background, FSC with the support of WHFC provided financial assistance. Akbar is very thankful to the donor, for all the support provided during crisis times. Now along with vegetable business he is also selling toys and his business in doing well.



"Decorative bags, envelopes, pouches, scrunchies, keychains, etc made by our community women in the Udaan project"

EXPRESSION OF GRATITUDE

We at Family Service Centre take this opportunity to express our sincere gratitude to all our Donors, Sponsors and well-wishers for their invaluable support, thus taking our work forward.

Project Funds

Wide Horizons For Children Inc, U.S.A. Educational Sponsorship, Community Development Project	Rs.29,000,057.00
Chance of Life, Germany Educational Sponsorship, Community Development and Project Uttan	Rs.1,682,000.00
Iris and Max Romer, Germany Educational Sponsorship and Balwadi Project at Uttan	Rs.663,582.00
Bal Sangopan Yojana The District Women and Child Development Maharashtra State Government Project	Rs.23,375.00

Donors

Up to Rs. 5000.00 Ms. Yamini Jhala Ms. Gloria D'Souza M/s Esskay Steel Corporation Ms. Rachael Picardo

Rs. 5001.00 to Rs.10,000.00

Mr. Shreyas R. Mehta Mr. Raahil Rallan Ms. Purnima Mirchandani Ms. Shalini Zaveri

Rs.20,001.00 to Rs.50,000.00

Ms. Libby Brockman Dr. Geeta Balakrishnan M/s. Searock Fisheries Mr. Rahul Johri Ms. Ruchira Parshad Mr. Mahavir Shankar Ms. Farhat Jasani Mr. Murlidhar Punjabi Mr. Pharok Lala

Rs. 10,001.00 to Rs.20,000.00

M/s. Lifeline Pharma Mr. Sandip Zaveri Mr. Kiran Nair Ms. Frida Svensson Dr. Rekha Solomon

Rs.50,001.00 to Rs.1,00,000.00

Mr. K. N. Vaidyanathan M/s. MESH Foundation Ms. Binaifer Karanjia

Sponsors

Rs. 5001.00 to Rs.10,000.00

Mr. Pratik Mehta, c/o Shri Tokarshi Velji Vaghani Manav Rahat Nidhi Trust Ms. Bharti Parekh Ms. Kripa Agarwal Mr. Srutaban Mukhopadhyay Ms. Jenis Vora, c/o Shri Tokarshi Velji Vaghani Manav Rahat Nidhi Trust Ms. Trupti Lakdawala, c/o Shri Tokarshi Velji Vaghani Manav Rahat Nidhi Trust Ms. Jenny Dedhia Ms. Vasanti Joy Sheth Ms. Avni Nilesh Maru Mr. Mahavir Shankar Mr. Pratik Mehta Mr. Namit Shah Ms.Freyan and Mr. Yohan Captain M/s. Amaya Textiles Inc. Ms. Birgittt Courault Dr. Hartmut Goldstein

Rs. 10,001.00 to Rs.20,000.00

Mr. Laxmichand Kenia Mr. Gautam Broota Ms. Tina Bhatia Mr. Rahul & Ms. Gauri Pradhan Mr. Bharat Shah Mr. Prasad Kadam Mr. Kiran Kamath Mr. Rahul Karnawat

Rs.50,001.00 to Rs.1,00,000.00

Dr. Geeta Balakrishnan M/s. Searock Fisheries M/S Lifeline Pharma Shri Tokarshi Velji Vaghani Manav Rahat Nidhi Trust Mr. Samir Subberwal Mr. Kalathur V Govindrajan Dr. Sarat K. Donepudi

Rs. 5,00,001.00 to Rs.10,00,000.00

Dr. Anju Goel - Spence Chapin Services

Rs.20,001.00 to Rs.50,000.00

Ms. Vera Merwanji Ms. Sushila Nemji Gangar Mr. Sivaraman Murali Dr. Kulwinder Singh Dua

Rs.1,00,001.00 to Rs. 5,00,000.00

Ms. Frida Svensson Mr. Shailesh Shah

Donation in Kind

We take this opportunity to thank our donors for the various items including baby clothes and accessories, food grains, linen, clothes for all ages, shoes, bags and household items. Our beneficiaries were very glad to receive these.

Taj Group of Palace and Hotels	Ms. Rita Baretto	Ms. Nisha Damani
Taj Wellington Mews	Madhu Chheda	Ms. Nidhi Khanna
Ratna Nidhi Charitable Trust	Mr. Ali Vabir	Ms. Kimberly Chheda
Dr. Nilima Mehta	Ms. Nidhi Shah	Mr. Floyd Perera
Ms. Sangita Gala	Ms. Ashika Gala Shah	Ms. Pinkey Jain
Ms. Saloni Ghiya	Girin Tanna	Ms. Lax Kenia
Hetal Assar	Sejal Dedhia	Mr. Rahul Veera
Ms. Gauri Bhigarde	Ms. Heena Desai	Ms. Sejal Dedhia
Jalpa Mehta	Jinal Gogri	Ms. Meeti Soni
Vidit Vakharia	Ms. Salva	Ms. Vandana Sharma
Ms. Nikita Gala	Ms. Nidhi Saraf Agarwal	Kashish Warikoo
Kesar Mehta	Ms. Dimple Shah	Mr. Mittal Gala
Ms. Bharti Parekh	Mr. Jayesh Rambhia	Bhavanaben
Ms. Khushnum Pithawala	Ms. Jenis Vora	Kahaan Khaitan
Ms. Parul Chhadra	Nirmalaben	Ramilaben
Ms. Yashika Batra	Ms. Pooja Thakur	Ms. Binaifer Karanjia
Ms. Sachita Damani	Ms. Uma Zaveri	Ms. Shweta Jain
Ms. Namrata Jagyani	Ms. Rophien D'Souza	Ms. Jennifer Chhor
Cdr. Dipak Singal	Ms. Amita Shah	Ms. Rachana Jain
Ms. Vidya Iyer	Ms. Bhakti Kamat	Mr. Amit Jadhav
Ms. Varsha Kewalramani	Ms. Jaya Nathani	Ms. Elizabeth D'Souza
Ms. Indira Sikka	Ms. Shabina Shaikh	Mr. Shyam Shavaria

NETWORKING

EDUCATION SECTOR

College of Social Work,	Holy Name High School,	Tata Institute of Social
Nirmala Niketan,	Colaba	Sciences, Deonar
St. Joseph High School, Uttan	FLAME University	

ADOPTION AND FOSTER CARE SUPPORT SYSTEM

DOI HON MID FOSTER CARE SUITORT STSTEM		
Dept. of Women & Child	Adv. Rakesh Kapoor and	Indian Council of Social
Development, Govt. of	Company, Advocates	Welfare (ICSW)
Maharashtra		
State Adoption Resource	Central Adoption Resource	Federation of Adoption
Agency (SARA), Pune	Agency (CARA), N. Delhi	Agencies ,Mumbai
District Women and Child	District Child Protection Unit	Child Welfare Committee
Development, DWCD,	(DCPU)	(CWC), Mumbai City I & II
Mumbai City		
Foster Mothers	Ms. Sangita Gala, Dr. Rekha	Ms. Shruti Savla, Ms. Rodhie
	Ambegaonkar	Hakim, Ms. Maya Balsara, Ms.
	Ms. Farzeen Chaudhary,	

Ms. Fatima Ansari , Ms. Varsha Kevelramani Patel, Ms.	Ms. Mamta Anand	Priti Dedhia, Ms. Vrushali Kulkarni
.Geetanjali Rohokale		

HEALTH SECTOR

Dr Rahul Verma	PHC – Colaba, Uttan	D.S. Research Centre, Andheri
Dr Ashish Pathrikar	Ms. Dhara Bangera,	Hinduja Nursing School
	Clinial Psychologist	
Dr.Mukesh Sanclecha	Dr. Gautam Sapre	Dr. Vedati Pekiam, Health Concept
Shatabdi Hospital	Dr. Jayalakshmi Jayaram	Dr.Neeru Vithalani
CAMA Hospital	V.N. Desai Hospital	Surana Hospital

NGO SECTOR

Smilz- Nishkam Seva Trust	YWCA, Colaba	CASP
Kotak Educational Trust	Big Tech Solutions	Majlis Legal Centre
I.A.P.A. Mumbai	ARPAN organisation	Saved Pearl Foundation
Bapnu Ghar, Worli	Shishu Aadhar	Manav Seva Sangh, Sion
Child Fund India	Kotak Unnati	Angel Xpress Foundation

PUBLIC AND PRIVATE SECTOR

Brihan Mumbai Municipal	Mira Bhayandar	Credibility Alliance
Corporation, (BMC)	Mahanagarpalika	
Colaba, Cuffe Parade, Gorai,	Taj Group of Hotels, Taj	Bank of Baroda, Bank of
Uttan & Mira-Bhayandar	Wellington Mews	India, Citizen Credit Co-
Police Stations	_	operative Bank Ltd., State
		Bank of India
Arihant Computer Systems	Skyline Advertisers	Geetanjali and Sunil
		Rohokale Foundation
Nasscom Foundation	Vignette Solutions	Unik Printers

INDIVIDUAL RESOURCE VOLUNTEERS FOR FSC PROGRAMS

INDIVIDUAE RESOURCE VOLUNTEERS FOR FSC I ROOMANIS		
Ms. Poonam Upadhya, Holistic	MS. Pankti Vora, Corporate	Ms. Punam Khuman, Ms.
Dietician, Naturopath, Founder	Lawyer, While & Case, U.S.A.	Krutika Khuman, Smilz
- Tathastu Holistic Health		Foundation, Mumbai
Ms. Deepali Nair, 'Philospher	Dr. Mihir Rambhia , Doctorate	Ms. Mitul Bagchi, Education
Stone', Bangkok	in Engineering, Germany	Manager
Dr. Mina Bobdey, Consultant,	Prof. Asha Gala,	Ms. Kusum Waghmare, Senior
Psychiatrist, Education,	HOD - Economics, S.I.E.S	Police Inspector, Colaba
Therapist, Life Coach	College	_
Ms. Rashmi, Vedic Maths	Ms. Leena Salva, Cube Pluss	Mr. Rahul Karnavat & Kunjal
		Gala
Ms. Chandrika Chheda,		
Academic Counsellor		

FIELD WORK PLACEMENT OF STUDENTS

<u>College of Social Work, Nirmala</u> <u>Niketan, Mumbai</u>:

- Mr. Frankline Colaco, M.S.W.
- Ms, Nishita Bothra, M.S.W.
- Ms. Sandra Pinto, M.S.W.
- Ms. Bhavika Malya, BSW



FLAME University , Developmental <u>Activities Programme, DAP, Pune</u>: (Online)

- Ms. Arshiya Poonawala
- Ms. Isha Shah
- Ms. Ibreez Tyabji
- Ms. Swagini Nakashe



CREDIBILITY ALLIANCE

"Credibility Alliance is a consortium of Voluntary Organisations which accredits organization based on their good governance and transparency in work, thereby enhancing their legitimacy. Our accreditation with Credibility Alliance expired in 2017 and has now been renewed with the validity period from the year 2017-2022.

Credibility Alliance's Transparency & Accountability Disclosures Distribution of paid staff according to compensation levels					
Slab of gross salary plus benefits (Rs per month)	Male (No's)	Female (No's)	Total (No's)		
10,000 - 25,000	2	6	8		
25,000 - 50,000	-	6	6		
50,000 - 1,00,000	-	1	1		
Total	2	13	15		

NT				D 1/1 1		D î	
Name	Age	Gender	Occupation	Position in the Board	Total amount paid in last financial year (Rs.)	Form of payment salary/Co nsultancy/ Honorariu m/Sitting ees/other(Specify)	Blood relation betwee n them
His Eminence Cardinal Oswald Gracias	77	Male	Archbishop of Bombay	President, Ex-officio member	Nil	N.A.	-
Ms. Philomena Sequeira	54	Female	Superior, DHM, Nirmala Niketan Institute	Vice President, Ex-officio member	Nil	N.A.	-
Dr. Lidwin Dias	55	Female	Principal, College of Social Work, Nirmala Niketan	Chair Person	Nil	N.A.	-
Ms. Anisha Johri	43	Female	Partner, Decorage & Associate, Interior Designer	Hon. Secretary	Nil	N.A.	
Dr. Frederick de Souza	80	Male	Advocate & Management Consultant	Hon. Treasurer	Nil	N.A.	-
Dr. Geeta Balakrishnan	65	Female	Retd. Principal, College of Social Work, Nirmala Niketan	Member	Nil	N.A.	
Fr. Anthony Charanghat.	76	Male	Holy Name Cathedral	Member	Nil	N.A.	
Fr. Emmanuel K.T.	51	Male	Archbishop House	Member	Nil	N.A.	-
Ms. Greta Lopes	44	Female	College of Social Work, Nirmala Niketan	Member	Nil	N.A.	
Dr. Nilima Mehta	68	Female	Professor & Child Protection Consultant	Member	Nil	N.A.	
Dr. Harry Mascarenhas	70	Male	General Physician	Member	Nil	N.A.	

Ms. Jennifer Talwalkar	82	Female	R.S.C.N. (London)	Member	Nil	N.A.	
Dr. Kalyani Talvelkar	46	Female	College of Social Work, Nirmala Niketan	Member	Nil	N.A.	-
Dr. Rahul Verma	56	Male	Pediatrician	Member	Nil	N.A.	
Ms. Nirmala Fernandes	60	Female	Director	Ex-officio- member	Below Rs.1000000 p.a.	Salary	

Credibility Alliance's Transparency & Accountability Disclosures Distribution of paid staff according to compensation levels

Slab of gross salary plus benefits (Rs per month)	Male (No's)	Female (No's)	Total (No's)
10,000 - 25,000	2	6	8
25,000 - 50,000	-	6	6
50,000 - 1,00,000	-	1	1
Total	2	13	15

Details of Air Travel by Staff/ Volunteers /and Board Members at the expense of the organization in the last Financial Year.					
Name & Designation of Staff / Volunteer /Board Member	Designation	Purpose of Travel	Cost Incurred (Rs.)	Sponsored (Rs.)	
Nil	N.A.	N.A.	N.A.	N.A.	

THE BOMBAY PUBLIC TRUSTS ACT, 1950 SCHEDULE VIII [vide rule 17(1)] FAMILY SERVICE CENTRE Registration number: F-425/BOM

BALANCE SHEET AS AT 31st March 2022

AMOUNT	FUNDS & LIABILITIES	AMOUNT	AMOUNT	PROPERTY & ASSETS	AMOUNT
3,483,172.68	TRUST FUNDS OR CORPUS	3,483,172.68	33,208,690.88	CASH AND BANK BALANCE	29,430,980.64
31,510.00	PATRON FEES	31,510.00	5,643,508.42	INVESTMENTS	7,136,889.42
67,783.00	LIFE MEMBERSHIP FEES	67,783.00	377,315.51	FIXED ASSETS	541,709.51
5,490,513.61	CURRENT LIABILITIES & PROVISIONS	5,447,520.61	742,718.50	OTHER ASSETS	1,779,869.00
30,899,254.02	INCOME & EXPENDITURE ACCOUNTS	29,859,462.28			
39,972,233.31		38,889,448.57	9,972,233.31		38,889,448.57

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2022

AMOUNT	EXPENDITURE	AMOUNT	AMOUNT	PROPERTY & ASSETS	AMOUNT
1,304,106.28	To ESTABLISHMENT	2,084,312.94	1,989,170.31	INTEREST AND DIVIDENDS	1,961,748.61
	EXPENSES:			RECD	
28,100.00	AUDIT FEES	0.00	6,801,222.98	DONATIONS RECEIVED	5,607,821.09
66,584.00	DEPRECIATION ON FIXED ASSETS	95,594.00	65,140.00	TRAINING PROGRAM FEES	115,026.00
937,800.00	Remuneration to director, contributions and taxes	1,420,195.00	0.00	Deficit for the year taken to Balance sheet	1,039,791.74
3,539,547.00	CHARITABLE OBJECTS	4,065,889.50			
1,219,326.00	EDUCATIONAL PURPOSES	1,058,396.00			
	"surplus taken to				
1,760,070.01	balance sheet"	0.00			
8,855,533.29		8,724,387.44	8,855,533.29		8,724,387.44

As per our even date For: G.C.D'SOUZA &CO. CHARTERED ACCOUNTANTS

For: FAMILY SERVICE CENTRE

sd/-	sd/-	sd/-	sd/-
Mr. G.C. D'Souza	Dr. Lidwin Dias	Dr. Frederick de Souza	Ms. Nirmala Fernandes
	Chairperson	Treasurer	Director

Mumbai: 23rd August 2022

G.C. D'SOUZA & CO. Chartered Accountants

301/C Miranda Apartments, Veer Savarkar Road, Dadar, Mumbai 400 028, <u>Tel:24333106</u> Gavin C. D'Souza, B.Com., C.W.A., C.S., Dip. In Comp Mgt., F.C.A., UDIN 9037939AAAAAC3590

The Members Family Service Centre, Mumbai 400001

We have audited the attached Balance Sheet of Family Service Centre as on 31st March 2022 and the Income and Expenditure Account for the year ended on that date and a summary of the significant accounting policies and other explanatory information.

The Trust's Managing Committee is responsible for the matters stated in the Bombay Public Trust Act 1950 (herein after referred to as the "ACT"), with respect to the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the society in accordance with the accounting principles generally accepted in India. This responsibility also includes maintenance of adequate accounting records in accordance with the irregularities, selection and application of appropriate accounting policies, making judgements and estimates that are reasonable and prudent and design, implementation and maintenance of adequate internal financial controls, that were operating effectively for ensuring the accuracy and completeness of the accounting records, relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatements, whether due to fraud or error.

Our responsibility is to express an opinion on these financial statements based on our audit.

We have taken into account the provisions of the Act, the accounting and auditing standards and matters which are required to be included in the audit report under the provisions of the Act and the Rules made there under.

We have conducted our audit in accordance with the Auditing Standards as per the authoritative pronouncements issued by the Institute of Chartered Accountants of India. Those Standards and pronouncements require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessing of the risks of material mis statement of the financial statements, whether due to fraud or error in making those risk statements, the auditor considers internal control relevant to the Trust's preparation and for the presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of the accounting principles used and the reasonableness of the accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

We report that

- 1. We have sought and obtained information and explanations which to the best of our knowledge and belief were necessary for the purpose of this audit.
- 2. The Balance Sheet and the Income and Expenditure Account examined by us are in agreement with the books of accounts of the Trust.
- 3. In our opinion and to the best of our knowledge and according to the information and explanation given to us, the said accounts, give all the information required by the Bombay Public Trusts Act 1950, and the Rules made there under and give a true and fair view:-In the case of the Balance Sheet, of the state of affairs of the Trust as on 31st March 2022 In the case of the Income and Expenditure Account, of the surplus of the Trust for the year.

For G.C.D"SOUZA & CO., CHARTERED ACCOUNTANTS,

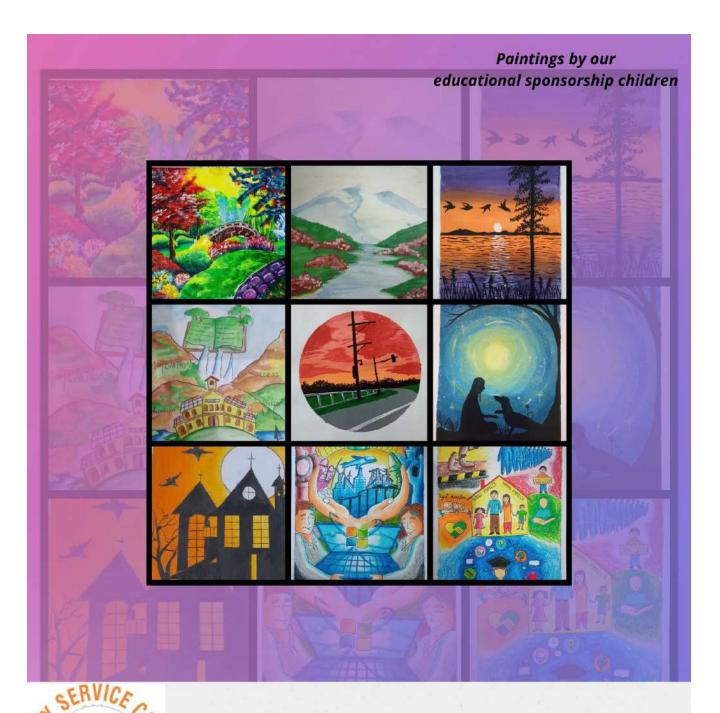
Sd/ G.C.D'SOUZA Mem.No. F037939

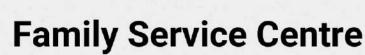
PROPRIETOR

Mumbai: 23rd August 2022









Member of Credibility Alliance

Registered under the Bombay Public Trust Act 1950, Vide No. F-425 (Bom.) Dated 20 June 1955 Donations to the Family Service Centre are exempted from Income Tax under Section 80(G) of the I.T. Act 1961.